





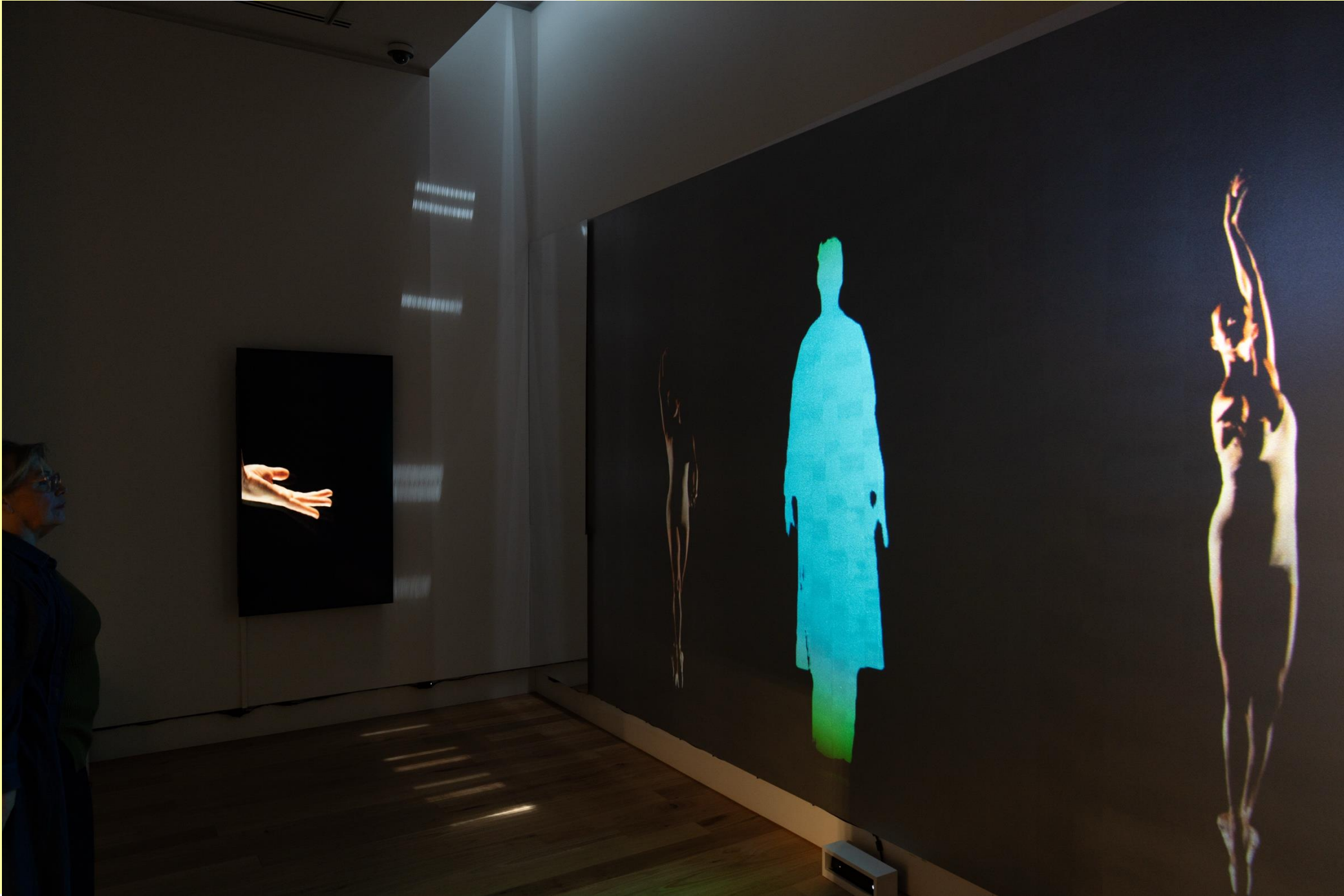
Lift emerged from reflecting on my own journey as a dancer, particularly in classical ballet. As we age, gravity's pull grows stronger, yet ballet trains the body to resist and momentarily transcend this force. The body retains the memory of these transcendent moments - even when listening to formative music, those sensations of flight can be reawakened. The tension between lasting embodied knowledge and physical change became the foundation for the piece.

Throughout development, I engaged in ongoing conversations with former Australian Ballet Principal Artist Lisa Bolte. We discussed ballet not merely as technique, but as a lived experience that shapes identity and imagination across a lifetime.

Lisa brings something extraordinary to the work. Her years performing diverse character roles have given her movement remarkable depth and nuance - she conveys emotion and narrative through her entire being.

Lift is an interactive video and motion-capture installation that invites viewers to experience ballet's essential sensation: weightlessness. It reflects on how dance, like memory, remains in constant motion - flowing through time, through bodies, and through the lasting impressions it creates.

+ Reflection from Lisa Bolte





To go beyond the ballerina is to embrace
a wider field of possibility — to see the
body not as a perfected symbol, but as a
living, expressive form shaped by history,
culture, and imagination.

It is an invitation to move — poised,
vulnerable, and always becoming.

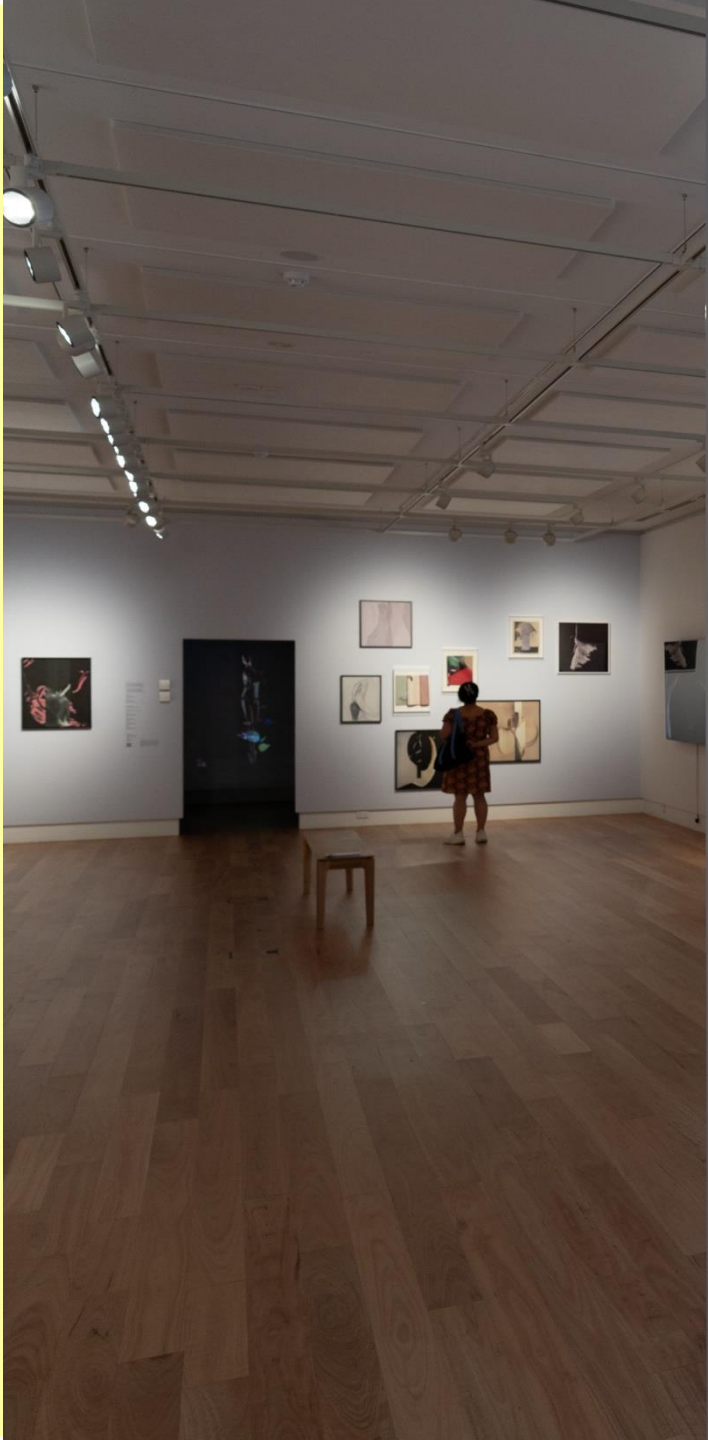
Dr Anne Scott Wilson



FIRE SAFETY
DO NOT OBSTRUCT
DO NOT KEEP FLAMMABLES

Exit Level GF





Ballet, long symbolised by the poised, ethereal figure of the ballerina, carries with it centuries of aesthetic tradition, formal discipline, and symbolic weight.

Yet beneath the tulle and tiaras lies a complex history shaped by power, politics, and shifting cultural values.

Dr Anne Scott Wilson